

Rolla Mine Rescue and First Aid Competition

First-Aid Written Test

1. The kidneys are _____ in an area behind the abdominal wall.
A. found. #12 - Chapter 4
B. located.
C. situated.
2. Proper body _____ are best defined as properly using your body to facilitate a lift or move.
A. posture.
B. mechanics. #13 - Chapter 6
C. position.
3. When _____ a patient, your feet should be placed shoulder width apart.
A. handling.
B. moving.
C. lifting. #14 - Chapter 6
4. The _____ on your back is minimized if you can keep the weight, you are carrying as close to your body as possible.
A. weight.
B. load. #15 - Chapter 6
C. pressure.
5. _____ is the type of move used when there is no threat to the patient's life.
A. Common.
B. Standard. #16 - Chapter 6
C. Light.

6. When _____ a patient, it is important to remember that the patient should be kept supine at all times.

A. restraining. #17 – Chapter 6

B. treating.

C. vomiting.

7. Before restraining a combative patient, the Emergency Medical Responder should _____ law enforcement assistance.

A. request.

B. call for.

C. obtain. #18 – Chapter 6

8. Rescue breathing is the application of _____ ventilations.

A. artificial.

B. bag valve.

C. manual. #19 – Chapter 9

9. When performing the head-tilt / chin-lift maneuver on an adult, tilt the head as far back as _____.

A. needed.

B. possible. #20 – Chapter 9

C. necessary.

10. The _____ method for opening the airway of a patient with possible neck or spinal injury is the jaw-thrust maneuver.

A. correct.

B. proper.

C. recommended. #21 – Chapter 9

1. Clinical death _____ when the patient's heartbeat and breathing have stopped.

A. is determined.

B. occurs. #22 – Chapter 9

C. can be called.

2. A pocket _____ mask allows the rescuer to provide ventilations while minimizing direct contact with the patient's mouth and nose.

A. valve.

B. face. #23 – Chapter 9

C. valve or bag valve.

3. During _____ you should check for the effectiveness of ventilations by looking for chest rise / and fall, listening for airflow and observing skin color.

A. rescue breaths.

B. rescue breathing. #24 – Chapter 9

C. artificial ventilation.

14. Gurgling sounds during _____ is an indication for suctioning the upper airway.

A. breathing. #25 – Chapter 9

B. ventilation.

C. breaths.

15. Inserting an oropharyngeal airway improves ventilations delivered by way of a _____ device.

A. bag valve mask.

B. bag mask. #26 – Chapter 9

C. rescue breathing.